



## Wrestler Code

Team Braves Wrestling Club places great importance upon helping young student-athletes by involving them in an athletic program which builds character, self-esteem and emphasizes team work. Discipline, hard work, and cooperation act as the foundation of this effort. In that vein we have developed these standards by which we expect each wrestler to abide by.

How you conduct yourself on and off the mat is the way that everyone will perceive you and also how the community will look upon you, Team Braves Wrestling, it's associated leagues and the sport of wrestling.

1. I understand that disruptive behavior and failure to follow instructions are grounds to be dismissed from practices, dual meets, tournaments and any other club functions.
2. I agree to encourage my teammate's efforts and **NOT** criticize their mistakes.
3. I agree to conduct myself in a sportsman like manner at all times while attending all wrestling events, including practice. Violations of sportsmanship are considered physical or non-physical acts and can occur before, during, or after a match. They include, but are not limited to failing to comply with the directions of the referee, pushing/shoving, biting, striking, kicking, swearing, taunting, throwing headgear, spitting, and indicating displeasure with a referee's judgment call.
4. I understand that the above listed standards are not negotiable and must be adhered to.

Consequences can include but are not limited to the following;

1. Warning from coach and/or Board member. An apology to involved parties and/or Team Braves.
2. Second warning, probation and meeting with wrestler, parents, coach and board member(s).
3. Meeting with Board Members and 2 week suspension.
4. Dismissal from the club for the remainder of the season, Metro or WAWA, including post season tournaments. Must petition the Team Braves Board for reinstatement.

Actions are at the Boards discretion and are determined by the severity of infraction.

I have read and accept this Code of Conduct. I recognize that this Code of Conduct does not establish a complete set of rules which prescribes every aspect of appropriate behavior and/or penalties.

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Wrestler Signature

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Date

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Parent Signature